

SUMMER CAMPS LUNCH MENU:

WEEK 1:

MONDAY:

Spaghetti with Bolognese sauce
Steamed vegetables
Rice crispy square
Juice or milk

TUESDAY

Pizza, pepperoni and cheese
Steamed vegetables
Cake
Juice or milk

WEDNESDAY

Quesadillas, filled with chicken and cheese
Steamed vegetables
Jell-O
Juice or milk

THURSDAY

Chicken nuggets with plum sauce
Steamed rice
Steamed vegetables
Chocolate and vanilla pudding
Juice or Milk

FRIDAY

Hamburgers and hot dogs BBQ
Potato chips
Pasta salad
Chocolate chips cookies, fresh watermelon
Juice or Milk